Discover WPL

December/January/February 2024/25

■ Programs ■ Events ■ News



The Whitby Public Library acknowledges that we are on the Treaty and Traditional Territory of the Mississaugas of Scugog Island First Nation. May we respectfully honour the knowledge and understanding of the Indigenous stewards of these ancestral lands and ensure that the voices of the First Peoples are represented in our collections, programs, and services.

Branch Locations and Hours

All locations closed December 24–26, Sundays, December 15–29, 2024. January 1, and February 16–17, 2025.

Central Library

405 Dundas Street West Whitby, ON L1N 6A1

Monday–Thursday

9:30 a.m.-9:00 p.m.

Friday 9:30 a.m.–9:00 p.m.

Saturday 9:00 a.m.–5:00 p.m.

Sunday 1:00 p.m.-5:00 p.m.

Telephone 905–668–6531

Brooklin Branch

8 Vipond Road Brooklin, ON L1M 1B3

Monday–Thursday

10:00 a.m.-9:00 p.m.

Friday 10:00 a.m.–6:00 p.m.

Saturday 9:00 a.m.-5:00 p.m.

Sunday 1:00 p.m.-5:00 p.m.

Telephone 905–655–3191

Rossland Branch

701 Rossland Road East Whitby, ON L1N 8Y9

Tuesday-Thursday

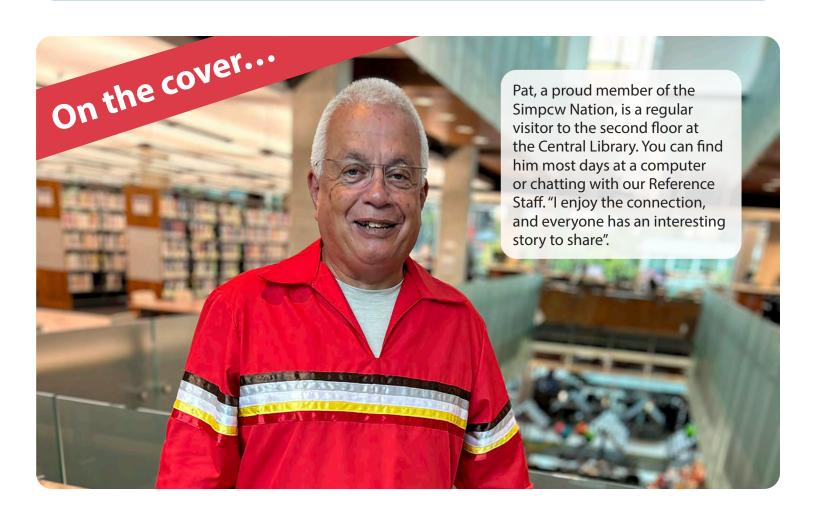
10:00 a.m.-8:00 p.m.

Friday 10:00 a.m.–6:00 p.m.

Saturday 9:00 a.m.–5:00 p.m.

Sunday and Monday Closed

Telephone 905–668–1886



Children's Programs



Babies, Movement, and Music

0–18 months with caregiver

A playful approach to literacy-rich songs, stories, and action rhymes.

Brooklin Branch Tuesdays, 10:30–11:00 a.m. December 3 and 10, January 7 – February 11, and February 25 – April 1

Central Library Wednesdays, 10:30–11:00 a.m. December 4 and 11, January 8-February 12, and February 26–April 2

Rossland Branch Thursdays, 10:30–11:00 a.m. December 5 and 12, January 9-February 13, and February 27–April 3

Toddler Time

19–35 months with caregiver

Enhance language development for your child through stories, songs, and movement in a high energy environment designed for fun and engagement.

Central Library Mondays, 10:30–11:00 a.m. December 2 and 9, January 6-February 10, and February 24–March 31

Rossland Branch Tuesdays, 10:30–11:00 a.m. December 3 and 10, January 7–February 1, and February 25-April 1

Brooklin Branch Wednesdays, 10:30–11:00 a.m. December 4 and 11, January 8-February 12, and February 26–April 2

■ Numbers, Rhymes, and Storytimes

Aaes 3-4

Expand language, number familiarity, and encourage school readiness. This program helps foster a love of learning and interacting with others.

Central Library Tuesdays, 10:30–11:00 a.m. December 3 and 10, January 7-February 11, and February 25-April 1

Brooklin Branch Thursdays, 10:30-11:00 a.m. December 5 and 12, January 9-February 13, and February 27-April 3

■ Stories, Songs and Stretches™

Ages 3–4 with caregiver

Focusing on early literacy and embodied play. During this interactive program, you and your child will enjoy stories, mindful movement, and play. Rossland Branch Wednesdays, 10:30–11:00 a.m. December 4 and 11, January 8-February 12, and February 26-April 2



Bilingual French Storytime

Ages 2–4 with caregiver

Storytime in English and French! A great introduction to French with a focus on language, numeracy, and fun! Rossland Branch Wednesdays, 1:30-2:00 p.m. January 8-February 12, and February 26-April 2









Pokémon Week Scavenger Hunt

GOTCHA

Gotta catch them all!! Available at all Whitby Public Library locations. February 24 to March 2

Sensory Storytime

Ages 2–5 with caregiver

Sensory-friendly stories and songs followed by sensory-based activity time, featuring a variety of colourful objects.

Central Library Thursdays, 10:30–11:15 a.m.

December 5 and 12, January 9– February 13, and
February 27–April 3

• Drop-In Family Storytime All ages Families listen to stories and sing songs together in a playful setting.

Brooklin Branch and Rossland Branch

Fridays, 10:30-11:00 a.m.

December 6, and January 10-April 4

Central Library Saturdays, 10:30-11:00 a.m.

December 7, and January 11–April 5



• Little Explorers Ages 2–4 with caregiver Explore STEAM with fun activities in this sensory based program.

Brooklin Branch and Rossland Branch Fridays, 11:00–11:30 a.m. December 6, 13 and January 10–April 4

• Game Club Grades 3–6

This is the place to play new and retro video games and meet new friends. Every week will be different. What will we play next?

Central Library **Thursdays, 7:00–8:00 p.m. December 5–19, and January 9–February 27**

● LEGO® Club JK-Grade 4

Bring your imagination. Learn, build, and play with LEGO® bricks.

Brooklin Branch Mondays, 4:00–5:00 p.m.

December 2–16, and January 6–February 24

Central Library Fridays, 4:00–5:00 p.m.

December 6–20, and January 10–February 28



■ Merry Grinchmas Grades 1–3
Join us in Whoville for some Grinchtastic crafts!
Rossland Branch
Saturday, December 7, 2:30–3:30 p.m.

Children's Book Clubs

■ **Book Pirates** Grades 4–5

Central Library Wednesdays, 7:00-8:00 p.m. **December 11 The Edge of Extinction:**

The Ark Plan by Laura Martin

January 8 The Barren Grounds by David Robertson

February 5 From the Desk of Zoe **Washington** by Janae Marks

Brooklin Branch Thursdays, 6:30–7:30 p.m. **December 12 The Wild Robot** by Peter Brown **January 9 Because of Mr. Terupt** by Rob Buyea February 6 A Rover's Story by Jasmine Warga

■ Page Turners Grades 6–8

Central Library Wednesdays, 7:00-8:00 p.m. **December 18 The Iron Trial** by Holly Black **January 15 No Fixed Address** by Susin Nielsen February 19 Frostborn by Lou Anders

Drop-In Family Storytime: Christmas **Special** All ages

Wear your cozy Christmas sweater for stories, carols, jingles bells, and a visit with the jolly old elf himself. **Rossland Branch**

Friday, December 13, 10:15-11:00 a.m.

Santa arrives at 10:15 a.m.

Brooklin Branch

Friday, December 13, 10:30–11:15 a.m.

Santa arrives at 11:00 a.m.

Central Library

Saturday, December 14, 10:30-11:15 a.m.

Santa arrives at 11:00 a.m.

Dewey Decimal Scavenger Hunt All ages

Learn more about the Dewey Decimal System by finding the hidden images around the Library! Central Library December 20-January 5

Winter Scavenger Hunt All ages Celebrate winter break by finding hidden images around the Library!

Brooklin Branch and Rossland Branch December 20-January 5

Solstice Snowflakes All ages

Drop by the Children's Department to celebrate the Solstice by decorating a snowflake.

Central Library Saturday, December 21, All day

■ Noon Year's Eve Grades 2–4

Countdown to the New Year without staying up late! Make a party hat, have a dance party, and ring in the Noon Year with us!

Rossland Branch

Tuesday, December 31, 11:30 a.m.-12:30 p.m.

• Play Dough Party Ages 2–5 with caregiver Roll, squish, and sculpt colourful dough to get ready for the New Year.

Central Library Tuesday, December 31, 2:30–3:30 p.m.



■ Brooklin Branch Chess Club Grades 2–8 Learn new skills and practice with others in this five-week session. Participants must already know how to play chess.

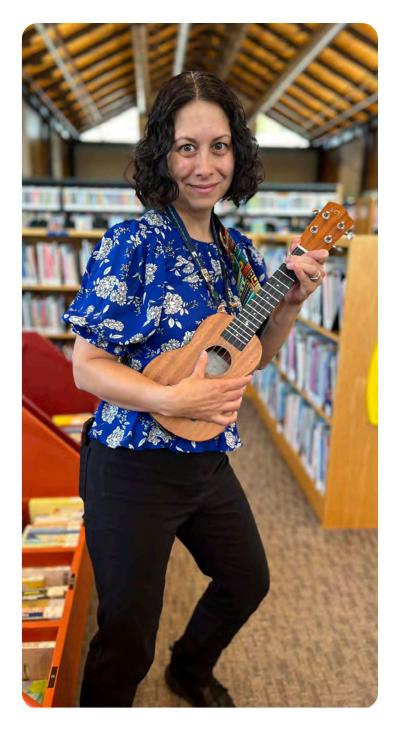
Brooklin Branch Tuesdays, 6:30-8:00 p.m. January 7, 21, February 4, 18, and March 4











■ Royal Tea Party JK-SK

Calling all princes, princesses, kings, and queens! Celebrate tea month like royalty. Join us for stories, a craft, and tea! Fancy dress encouraged.

Rossland Branch Friday, January 10, 4:00 – 5:00 p.m.

Valentines for Vets All ages

Roses are Red, Violets are Blue...Valentine's Day is a great time for Veterans to hear from you! Create a card at any of our locations. Valentines will be distributed to Veterans in long term care facilities. All locations January 13–27

Ukulele Club Grades 4–6

Want to learn to play the ukulele? In this six-week program, learn the parts of the ukulele, how to strum, play chords, and more! Includes the loan of a ukulele for the duration of the program.

Brooklin Branch Wednesdays, 4:00–5:00 p.m. January 15–February 19

■ **Booked Beyond Imagination** Grade 3–6 Each month we will focus on a different popular children's book series and do book themed crafts

Brooklin Branch Saturday, 9:30–10:30 a.m. January 18 and February 22.

■ **Girls in STEM** Grades 4–6

and activities.

Things are about to get nuclear! Learn how we get electricity from a nuclear power plant into our homes. This program is designed to empower girls and non-binary students to explore concepts in STEM in a series of hands-on and engaging activities.

In partnership with AECOM Canada Nuclear Services.

Tuesday, 6:30–7:30 p.m.
Central Library January 21
Rossland Branch February 25
Brooklin Branch March 18

Year of the Snake All ages

Create your own paper snake decoration to help mark the 2025 Lunar New Year.

All locations Friday, January 24, 2:30–3:30 p.m.

Library Card Holder All ages

Bring your family and celebrate Family Literacy Day. Craft your own personalized library card holder with felt and simple hand sewing.

Rossland Branch Saturday, January 25, 2:30–3:30 p.m.

■ Square Knits Grades 4–8

During this six-week session we'll learn to cast on, knit, purl, and cast off. Please bring a pair of 6 mm needles. Wool is provided.

Rossland Branch Saturdays, 10:30–11:30 a.m. January 25–March 1

Calling artists, collectors, schools and community non-profits!



Display and Exhibit space available. Learn more at whitbylibrary.ca/displays-and-exhibits

■ Reading Buddies Grades 1–3

This eight-week program pairs children who would benefit from additional reading support with a teen volunteer. Reading Buddies read stories and play literacy-based games to enhance literacy skills of fluency, comprehension, and diction.

Registration opens January 8 at 10:00 a.m.

Central Library Tuesdays, 6:30-7:30 p.m.

February 4-April 1

Brooklin Branch Thursdays, 4:00-5:00 p.m. February 6-April 3



■ Art and Soul Grades 2–6

Celebrate Black History Month by learning about Black artists and creating your own vibrant artwork inspired by iconic painter Alma Thomas.

Central Library Friday, February 7, 6:00-7:00

⊙ 'Green Means Go!' Black History Month **Storytime and Craft** All ages

During Black History Month, help honour Garrett Morgan, the inventor of the traffic light, by listening to engaging stories and making crafts.

Central Library Saturday, February 8, 10:30–11:30 a.m.

■ Diamond Valentine's Day Grades 3–5

Want to make a one-of-a-kind Valentine's Day card? Try diamond painting and other cool crafting tricks. Rossland Branch Saturday, February 8, 2:30-3:30 p.m.

Are You Up for The Challenge?

Reading Challenges at WPL

A Lot of Axolotls Reading

Challenge All ages

Log your reading to earn badges and axolotls. Will the kids, teens, or adults have the most axolotls by the end of the challenge?

January 6-May 24



Read All Year Challenge All ages



New year, new year-long reading challenge! Track your reading minutes to earn digital badges and a chance to win prizes.

January 1-December 31



Scan the code or sign up at whitbylibrary.beanstack.com

Heart and Soul Valentine's Card Making All ages

Put your heart and soul into creating and customizing a Valentine's Day card to share with your loved one or friend!

Brooklin Branch Tuesday, February 11, 3:30–4:30 p.m.



■ Central Library Chess Club Grades 2–8 Learn new skills and practice with others in this sixweek session. Participants must already know how to play chess.

Central Library Wednesdays, 6:30-8:00 p.m. February 12, 26, March 26, April 9, 23, and May 7









Teen Programs

Teen programs are open to youth in grades 7–12.

TAG: Teen Advisory Group

Work with other teens to contribute to Library services and programs, assist with special events, and develop leadership skills. TAG members will earn community service hours for their work.

Brooklin Branch Tuesdays, 4:00–5:00 p.m. December 3, January 14, and February 18

Dungeons & Dragons

Embark on an epic eight-week D&D campaign. Go on thrilling adventures, solve mysteries, and forge a heroic path!

Central Library Fridays, 6:30–8:00 p.m. January 10–February 28



■ Bath, Bubbles, & Beyond

Splish splash! Create and customize your very own bath bombs. All supplies will be provided.
Central Library Monday, January 13, 7:00–8:00 p.m.

Exam Study Break with Canada Dog Guides

Take a break from cramming and hang out with some furry friends. Sign up for a 10-minute slot in front of the program room. In partnership with the Lions Foundation of Canada Dog Guides.

Central Library Thursday, January 23, 2:30–4:00 p.m.



■ Teen Trivia Throwdown

Are you a quiz wiz? Do you pride yourself on your knowledge of fun and useless facts? Prove it! Movies, music, memes, and more.

Brooklin Branch Tuesday, January 28, 6:00–8:00 p.m.

My Ugly Valentine

Celebrate Valentine's Day in the best way – by making the ugliest cookie Valentine you can! All cookies and decorating supplies will be provided.

Central Library Tuesday, February 11, 7:00–8:00 p.m.

Teen Café

Drop in to hang-out, get creative, play games, and more. Created by and inspired by you.

Central Library Wednesdays, 3:30–5:00 p.m. December 4–February 26

Brooklin Branch Thursday, February 27, 6:30–8:00 p.m.

Seniors' Wellness Series

Live Well, Learn More

■ Coming Out of Automatic Pilot

Discover the benefits of mindfulness and why it is important for seniors. Practice coming out of automatic pilot as well as exploring the attitudinal components of mindfulness.

Central Library

Thursday, December 5, 7:00-8:30 p.m.

■ Bibliotherapy

A guided reading program based on themes that promote wellbeing and resilience.

Central Library

Thursday, January 9, 6:00-7:00 p.m.

■ Email, Internet Browsers and Searching

Learn how to create your own email, use internet browsers, and access information.

Central Library

Monday, January 13, 2:00-4:00 p.m.

■ Gentle Yoga for Seniors

Bring your practice mat or blanket. Chairs will be available as an option.

Central Library Wednesday, 10:00–11:00 a.m. **January 15 and February 12**





■ Tuning into the Body

Learn how mindfulness can help you relax and tune inwards in this workshop.

Offered in-person and online.

Brooklin Branch

Thursday, January 16, 7:00-8:30 p.m.

Living in Our Heads

Explore reactivity and how to respond. Discover how to work with difficult thoughts and become familiar with the sky practice.

Central Library

Thursday, February 6, 7:00-8:30 p.m.

■ 3D Printing

Learn about 3D printing and be inspired to start making something new!

Central Library

Tuesday, February 11, 2:00-4:00 p.m.

■ Mystery Arts and Crafts

Want to get the creative juices flowing? Join us for a mystery craft session.

Central Library

Monday, February 24, 2:00-4:00 p.m.

■ Computer Basics

New to using a computer? Bring your questions to us.

Central Library

Tuesday, February 25, 2:00pm-4:00pm

Seniors' Wellness Series programs are funded by the Government of Ontario.













Adult Programs

■ 1-on-1 Tech Help

Become more tech-savvy with 50-minute appointments specific to your needs. Contact staff for available topics. Due to high demand, each patron may register for one appointment per month.

Times and dates vary by month. Contact any location for more information.

English Conversation Circle

Practice English, meet new people, and learn about Canada with help from Community Development Council Durham (CDCD). For more information call 905-686-2661 Ext. 109, or email communityconnect@cdcd.org.

Central Library Thursdays, 6:30–8:00 p.m.



Fireside Stitchers

All skill levels are welcome! Gather around the fireplace while you socialize and stitch. This is an informal circle for knitting, crochet, and needlework. Bring your own supplies and share your projects and ideas.

Brooklin Branch Mondays, 1:30–3:30 p.m.

December 2–February 24

Central Library Thursdays, 7:00–8:30 p.m. December 5–February 27

■ Creative Writing Club

Interested in writing but can't find the time or words? Join fellow writers for an evening of inspiring prompts and the opportunity to share your work.

Offered in-person and online.

Central Library Monday, 7:00–8:30 p.m.

December 2 Life of the Party: Writing Celebrations

January 6 New Year, New Me: The Personal Journey

February 3 Hugs & Kisses: Writing Love

■ Exploring the Advantages of Heat Pumps

Learn how heat pumps work, their benefits, and how they can save you money. An expert will be on hand to answer your questions and provide helpful tips on how to improve your home's energy efficiency.

In partnership with Durham Region.

Offered in-person and online.

Brooklin Branch Monday, December 2, 6:30–8:00 p.m.

Gnome for the Holidays

Relax with an evening of crafting to get ready for the holiday season. Make a cozy yarn gnome—perfect for decorations, gift toppers, or just some winter cheer. Rossland Branch

Tuesday, December 3, 6:30-7:30 p.m.



■ Glitter Ornaments Adults and teens

Capture the magic of the holidays and add a touch of whimsical charm to your Christmas tree with these enchanting character face glitter ornaments.

Brooklin Branch

Wednesday, December 4, 7:00–8:30 p.m.



Rainbow Recharge All ages

Drop into our safe crafting space to connect with 2SLGBTQ+ folks in the community (allies are also welcome). Create something unique using our button maker, learn how to make stickers, and more!

Central Library Friday, 6:00-7:00 p.m. January 31 and February 28

■ Beaded Booklet Workshop

Learn some basic bookbinding skills to make two small booklets with beaded spines. Perfect for gifts or to use as a little journal.

Central Library Monday, December 9, 6:30–8:30 p.m.

Felt Ornament

Celebrate the holiday season by making a winterthemed ornament using our die cutter. This craft will include some basic sewing; all materials will be provided.

Central Library Tuesday, December 10, 2:30–4:00 p.m.

■ Let's Talk About Stroke:

Do You Know the Signs?

Learn about the signs of stroke, what to do if you think you're having a stroke, risk factors, risk factor modifications. and resources local to Durham Region.



In partnership with Lakeridge Health.

Central Library

Tuesday, December 10, 7:00-8:30 p.m.

Rossland Branch

Wednesday, February 5, 2:30-4:00 p.m.

Brooklin Branch

Monday, February 10, 2:00-3:00 p.m.

■ The Dawn of Writing

Explore the history of writing in this engaging talk by Dr. Amy Barron. Learn about the origins of the written word and why we came to communicate in this way. **Central Library**

Monday, December 16, 7:00-8:30 p.m.



■ Trivia Night: Holiday Extravaganza

Are you a wealth of random knowledge? Do you love fun and games? If you answered yes, then join us for an evening of holiday themed trivia! The winners will take home a prize provided by Town Brewery. Participants must be 19+

Central Library Tuesday, December 17, 7:00–8:30 p.m.

Make a Gingerbread House

Create a cardstock gingerbread house that will never go stale! Materials cut by the Cricut® will be used to make your masterpiece.

Central Library

Thursday, December 19, 6:30-8:30 p.m.

Making Connections for Adults Living with Disabilities

Build skills, friendships, and more. We'll work together to create, solve, learn, and play with various STEAM based activities. Caregivers are welcome.

Brooklin Branch Saturday, 10:00-11:30 p.m. January 11 and February 8











Cricut® 101

See the Cricut® and Cricut Joy® in action in this introductory session. Be inspired for your next DIY adventure in this hands-on program.

Brooklin Branch

Wednesday, January 15, 7:00-8:00 p.m.



■ Enchanted Fairy Teacup Garden

Design a magical garden for fairies using teacups and saucers.

Rossland Branch

Wednesday, January 15, 6:30-7:30 p.m.

Understand Your Medications

Questions about prescription, non-prescription and natural health products? Learn why a personal record of medications is important and what you should know about online pharmacies.

In partnership with Ontario Health at Home.

Brooklin Branch Monday, January 20 10:30–12:00 p.m.

Build a Bright Financial Future for **Your Children**

Learn five strategies that will help you guide your kids towards financial success. A finance professional will lead you through how to build your child's financial literacy.

Central Library Monday, January 20, 7:00–8:00 p.m.

Understanding Joint and Back Pain

How prevalent is chronic joint pain in Canada? What are the different kinds of arthritis? What can you do to manage arthritis? Get answers to these questions and information on when to seek professional help. **Central Library**

Thursday, January 23, 6:30-8:00 p.m.

Line Dancing

Get your groove on and experience an entertaining night of line dancing led by instructors from the Whitby Dance Company. Suitable for all skill levels. Central Library Monday, January 27, 7:00-8:00 p.m.



■ Tiny Tomes

Looking for a new way to track your 2025 reads? Learn how to make your own collection of tiny titles. Brooklin Branch January 27, 7:00-8:30 p.m.

Hearing 101

Enhance your hearing, enhance your life! Discover the keys to optimal hearing health, gain valuable insights into hearing education, and explore cutting-edge solutions tailored just for you.

Presented by Hear Right Canada.

Rossland Branch January 30, 2:30-3:30 p.m.

DRIFF Presents

Spend an evening with the Durham Region International Film Festival enjoying short films, followed by a Bibliotherapy session. Discover thoughtful film selections. Hungry for more? Borrow a related book from our curated collection. **Central Library**

Thursday, January 30, 6:30-8:45 p.m.

Paint Night

Unleash your creativity and connect with friends at our popular paint night. No experience or supplies needed—just bring your enthusiasm and enjoy a stress-free atmosphere of fun and self-expression.

Brooklin Branch

Thursday, January 30 and Tuesday, February 25, 6:00-8:00 p.m.

■ An Evening with Mary Anne Chambers

In celebration of Black History Month, notable political figure and author Mary Anne Chambers is here to discuss her book "From the Heart."

Central Library

Tuesday, February 4, 7:00-8:30 p.m.



Whitby Public Library

Seed Share



Select Browse in-person (available at the Central Library location only)

Sow Plant your seeds. Watch them grow. Enjoy the show or the produce. Reserve some plants for seed.

Share Save new seeds and donate them all year to the Library for others to enjoy.

Available February 1-May 31 whitbylibrary.ca/SeedShare

DIY Bookmarks

Perfect for gifts or for yourself! We'll be crafting with materials cut by the Cricut®.

Central Library

Wednesday, February 19, 7:00-8:30 p.m.

■ Disease Prevention—Take Control of **Your Own Health**

What does optimal health mean? Why do we get sick? Learn answers and more about risk factors for the most common health concerns.

Central Library

Wednesday, February 26, 7:00-8:00 p.m.

■ Newcomer Settlement Services

Supporting newcomers, immigrants, and their families in their settlement journey. Book an appointment at 647-925-8929 or 905-686-2661 Ext. 200.

Central Library

Mondays, 12:00-8:00 p.m. Fridays, 8:30 a.m.-4:30 p.m.

John Howard Society, Housing Services

JHS Housing Services Workers are available to help with landlord/tenant issues, eviction prevention, completing applications for the Housing Stability Program, and more.

Central Library

Every other Tuesday from December 10













Adult Book Clubs

Read. Discuss. Connect. Books are better when they're shared.

Selections are available in alternate formats. Ask staff for details or visit our online program calendar. **Registration** for winter book clubs (January–June) opens **Saturday, December 7, 9:00 a.m.**

■ Brooklin Branch Book Club

Attend in person or online.

Mondays, 7:00-8:00 p.m.

December 9 Remarkably Bright Creatures

by Shelby Van Pelt

January 13 Permanent Astonishment

by Tomson Highway

February 10 A Great Country by Shilpi Somaya Gowda

Central Fiction Book Club

Attend in person or online.

Wednesdays, 2:00-3:00 p.m.

December 11 As Long as the Lemon Trees Grow

by Zoulfa Katouh

January 8 The Berry Pickers by Amanda Peters

February 12 Butter Honey Pig Bread

by francesca ekwuyasi

Central Non-fiction Book Club

Attend in person or online.

Wednesdays, 7:00-8:30 p.m.

December 11 All About Love by bell hooks

January 8 Calypso by David Sedaris

February 12 The Skin We're In by Desmond Cole

Organizing your own book club?

Borrow a book club set from us!

whitbylibrary.ca/book-club-in-a-bag

Online Book Club

Thursdays, 2:30-3:30 p.m.

December 19 A Great Country

by Shilpi Somaya Gowda

January 16 The Verifiers by Jane Pek

February 20 Small Game by Blair Braverman

Midweek Murders

Andrea (our resident mystery buff!) offers up new title suggestions—and a few classics you may want to try. Rossland Branch Tuesdays, 6:30–7:30 p.m. December 10, January 14, and February 11





Blind Date with a Book All ages

Choose a wrapped book from a **Blind Date with a Book** display (teens and adults) or **Playdate with a Book** display (children). There will be a few hints to guide your selection. Read your book, then fill out the **Rate Your Date** card (included with your book) and return it to any Whitby Public Library location to be entered in our prize draw.

All locations **February 1–18**

Seniors' Wellness Series

Live Well, Learn More

Have you heard the news? The Whitby Library is the place to be for seniors looking for connection and exciting activities that nurture a sense of wellbeing. Our Seniors' Wellness Series features specially designed programs and workshops for older adults focused on education, engagement, and fun!

Thanks to a community grant from the Government of Ontario, our enthusiastic staff have customized fourteen programs that encompass a wide range of topics from retirement planning to gentle yoga, computer basics, and more.

A group of senior volunteers are also members of the Library's Community Committee. They provide regular feedback on our programming. It's crucial our patrons see themselves reflected in our ideas.

The series features experts from across the community with the goal of sharing knowledge and ideas with attendees. Each workshop emphasizes engaging with each other. Our hope is everyone who takes part will connect with our slogan, "Live Well, Learn More!"

The Seniors' Wellness series launched in the fall of 2024 and will run until March 2025.















Seniors' Wellness Series

Live Well, Learn More. Details on page 9.

Ontario 😵

Funded by the Government of Ontario